Cyber Bullying

Bullying is getting bigger and bigger all the time and people are finding new ways of bullying other people, and one of the ways of bullying is through the internet, otherwise known as "Cyber bullying". Cyber bullying is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the internet, interactive and digital technologies or mobile phone. There are two kinds of cyber bullying, direct attacks and cyber bullying by poxy. Because cyber bullying by poxy often gets adults involved in the harassment, it is much more dangerous. The statistics is that 1 in 4 children, preteens or teens are being cyber bullied. The way we stop bullying and cyber bullying is by taking a stand against bullies, by telling parents, teachers or other people that can help you. You can go on website like www.stopcyberbullying.org. We also need to educate children the effects of bullying and cyber bullying and teach them to respect others and treat others how they want to be treated, because it is shown that kids who are bullied are three times more likely to show depressive symptoms and nine times more likely to have suicidal thoughts and children who are frequently bullied by their peers are more likely to develop psychotic symptoms. Research has shown that girls are much more likely than boys to be victims of both bullying and cyber bullying. Children as young as three can become victims of bullying and young people who bully have a one in four chance of having a criminal record by the age of 30. Bullying is the fourth most common reason young people seek help from children's help services. These are just some of the statistics that show how bad bullying is and how bad it can affect the victim of cyber bullying.